



YOGA FOR HIPS & LOWER BACK RELEASE

with Cynthia Gauvreau

JAN 7 - MAR 4

**Dates are subject to change!*

Wednesdays, 12:05 PM - 12:50 PM

Buy a **Yoga 4 Punch Pass for \$44** online,
in person or over the phone!



DROP-IN
\$12
PER CLASS

Ages 16+ | Under 18 needs parental consent
Community Centre | Dance Studio
250-837-9351 ext. 3 | prc@revelstoke.ca | www.revelstoke.ca