

MEN'S TWIST AND STRETCH YOGA

with Cynthia Gauvreau



Jan 5 - Mar 2

****NO CLASS on Monday, February 16, 2026***

***Every Monday
5:45 PM - 6:45 PM***

**DROP-IN
\$12
PER CLASS**

Buy a Yoga 4 Punch Pass for \$44
online, in person or over the phone!

Ages 16+ | Under 18 needs parental consent
Community Centre | Dance Studio
250-837-9351 ext. 3 | prc@revelstoke.ca | www.revelstoke.ca

